

I.V. Therapy

INFORMATION AND CONSENT FOR TREATMENT

Patient: _____ **Date:** _____

Intravenous (IV) therapy as used in this office is a means to deliver nutrient substances, and other medications, to your body while avoiding the digestive process. This is helpful in many cases where patients are depleted of certain nutrients, or when the substance can have more medicinal value through the IV route.

It is important for you to understand that this type of therapy, although common, is considered by some physicians to be unconventional and not the standard of medical care for most conditions. Our professional experience with this type of therapy allows us to offer it for your condition as a viable alternative or addition to other (more standard) medical treatments. Although materials injected in this clinic are generally safe and well tolerated by the body it is important for you to understand that all injections may cause **very rare but potentially serious or even life threatening reactions**. We will and do take necessary precautions to avoid serious complications – but you need to know that they exist, however rare the risk may be.

Most patients have no adverse effects from the type of IV therapy we offer. Some common effects that may come and go but are generally safe MAY be:

- A warm / tired or relaxed feeling from the minerals in the IV
- Slight to moderate light headedness
- Short term blood sugar changes
- Discomfort at the IV site during or after the treatment
- Thirst
- Nausea

These effects are best dealt with as they arise, and we will give you specific instructions to help avoid or shorten them. **It is your responsibility to inform us immediately if you feel any discomfort or sensation that is unusual.**

You are advised to:

- 1. Drink lots of fluids before your visit.**
- 2. Eat something at least 1 hour before your appointment.**
- 3. Purchase over the counter Benadryl in the event of an allergic response after your infusion. You can call the office if you have any questions before taking.**

Infiltration of the IV (the fluid leaking out of the vein and in to the surrounding tissues) is an occasional occurrence in all IV therapy. It can cause pain, swelling, and bruising on occasion. This is rare in our office practice as the IV time is relatively short (as compared with IV duration in the hospital setting). If this occurs we will treat it as necessary. The effects of infiltration can be uncomfortable, but do go away. **If you notice pain, swelling or bruising around your IV site please let us know. Immediately apply ice as well.**

Similarly to infiltration, the vein may become sore or slightly swollen or warm after an IV. This is typically irritating but not dangerous, and the vein may feel firm for one to five weeks. **Notify us of this immediately as well.**

I HAVE READ, UNDERSTAND, AND HAD ALL MY QUESTIONS ANSWERED ABOUT THIS PROCEDURE AND ITS RISKS AND BENEFITS TO ME.

(Patient / Guardian signature)

(Date)

(Clinic representative)

(Date)